

JANUARY



Literacy First Charter Schools Lunch Menu

2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Bag of Chips (sm) Banana Carroteenies w/ Dip Juice / Milk	4 Teriyaki Chicken w/Rice Apple Beans / Cucumber Slices w/Dip Juice / Milk	5 Pizza (Pepp & Cheese) Banana Lettuce cup w/Ranch / Carroteenies w/Dip Juice / Milk	6 Chicken Famous Bowl Sliced Orange Broccoli w/Dip Juice / Milk	7 PB&J Sandwich Apple Celery Sticks w/Dip Juice / Milk Min Day
10 Chicken Sandwich w/ Waffle Fries Mixed Fruit Carroteenies w/Dip Juice / Milk	11 Boneless Chicken Wings w/Rice Apple Bean / Cucumber Slices w/Dip Juice / Milk	12 Calzone (Meatball & Cheese) Banana Carroteenies w/Dip Juice / Milk	13 General Tso Chicken w/Rice Sliced Orange Broccoli w/Dip / Corn Juice / Milk	14 Turkey Sub Sandwich Peach Carroteenies w/Dip Juice / Milk Min Day
17 MARTIN LUTHER KING DAY OBSERVANCE	18 Cheeseburger w/Fries Apple Bean / Cucumber Slices w/Dip Juice / Milk	19 Pizza (Pepp & Cheese) Banana Lettuce cup w/Ranch / Carroteenies w/Dip Juice / Milk	20 Spaghetti w/Meatsauce & DinnerRoll Sliced Orange Broccoli w/Dip / Corn Juice / Milk	21 PB&J Sandwich Apple Celery Sticks w/Dip Juice / Milk Min Day
24 Chicken Smackers w/Tater Tots Banana Green Beans Juice / Milk	25 Orange Chicken w/Rice Apple Bean / Cucumber Slices w/Dip Juice / Milk	26 Calzone (Meatball & Cheese) Banana Carroteenies w/Dip Juice / Milk	27 Cali Burrito Sliced Orange Mixed Veggies Juice / Milk	28 Turkey Sub Sandwich Peach Carroteenies w/Dip Juice / Milk Min Day
31 Cheeseburger Mixed Fruit Carroteenies w/Dip Juice / Milk				Menus are subject to change without notice. Offer VS Serve

Warning: Our School food facilities offer products with peanuts, tree nuts, soy, milk, eggs and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we can not guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg or wheat allergies. Consumers with severe allergies should consume food items with caution.

"This institution is an equal opportunity provider."